

# IMG PERFORMANCE INSTITUTE



## Pro Soccer Training Packages

Program price w/accommodation #1 - Champions Walk bedroom (2 bdrm apartment)	<b>\$3,795</b>
Program price w/accommodation #2 - Private CW unit or APV bedroom	<b>\$4,545</b>
Training Only - lunch included	<b>\$2,390</b>
<b>Additional Training Weeks</b>	
Program price w/accommodation #1	<b>\$1,895</b>
Program price w/accommodation #2	<b>\$2,275</b>
Training Only - lunch included	<b>\$1,195</b>

**Note:** Variety of accommodations available, please inquire

## Program Details

Minimum weeks	<u>2</u>
Biomechanical Assessment	Included
Supplementation	Included
Athletic training	Included
Nutritional consultation	Included
Sport/Position specific coaching	Included
Mental conditioning	1 session/wk.
Communication by game on	1 session/wk.
Massages (on campus) - ability to add more at \$100/session	1 session/wk.
Athletic Regeneration	Included
Meals (Breakfast, Lunch, Dinner)	Included

**Note:** All meals prepared based on athletes goals and nutritional consultation

**FOR MORE INFORMATION CONTACT:**

### IMG Performance Institute

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