



IMG ACADEMIES

IMG BOLLETTIERI TENNIS ACADEMY

IMG LEADBETTER GOLF ACADEMY

IMG SOCCER ACADEMY

IMG BASEBALL ACADEMY

IMG BASKETBALL ACADEMY

IMG LACROSSE ACADEMY

IMG MADDEN FOOTBALL ACADEMY

IMG PERFORMANCE INSTITUTE

WEEKLY CAMP GENERAL INFORMATION PACKET

WELCOME LETTER

Greetings from IMG Academies,

We want to thank you for choosing IMG Academies as your destination for athletic and personal development. We realize that selecting a program is a significant commitment, and we will do everything we can to make your stay as successful and enjoyable as possible.

We hope you are truly excited for your program, as it could represent the experience of a lifetime. Nowhere else in the world can you find athletes of all ages and ability levels from around the globe sharing the same hopes and dreams on an immaculate 400-acre, multi-sport campus.

For more than 30 years, IMG Academies has served as the training home of thousands of youth, adult, collegiate and professional athletes. Over that time, we have methodically shaped our training methods to find the most efficient and productive ways to maximize performance.

Performance, though, goes well beyond the athletic realm. Yes, we will help you become stronger, faster and more athletic. But we also hope you become more confident, determined and focused to take on all phases of life. Our eight IMG Performance Institute disciplines have helped athletes of all ages prepare for any challenge through Physical Conditioning, Mental Conditioning, Communication by game on, Nutrition, Vision, College Advantage, Life Skills and Athletic Regeneration.

To help you reach your potential, we will provide the facilities, resources, expertise and encouragement. We only ask that you arrive with a positive outlook, high energy and a willingness to learn.

We are excited to soon help you reach your goals and become... **THE TOTAL ATHLETE!**

Best wishes,

IMG Academies

Upon form completion and submission you will receive confirmation of receipt from Guest Services via phone or e-mail. The confirmation of completed forms will finalize your registration process. Your next step is General Information to help aid in planning your stay.

GENERAL INFORMATION

Congratulations on your successful registration! The following is information every parent and student should know before attending IMG Academies. It is designed to equip you and your child with the knowledge to plan and prepare for a successful stay.

CHECK IN

- All students check-in upon arrival.

Preferred Check in Times

Program	Student Type	Day	Time	Room Availability	Location
Weekend Camp (Sept.-May)	All	Friday	After 3:00pm	After 3:00pm	Guest Relations Desk
Weekly & Multi-Week Camp (Sept.-May)	Non-Boarding	Sunday	10:00am-6:30pm	n/a	Guest Relations Desk
Weekly & Multi-Week Camp (Sept.-May)	Boarding	Sunday	12:00-6:30pm	After 3:00pm	Guest Relations Desk
Summer Camps (June-August)	All	Sunday	1:00-5:00pm	After 2:00pm	Basketball Gym

Note: Holiday/Speciality Camps may require unique check-in days and times. Please contact your Program Advisor to confirm the check-in date and time.

- Groups** - Check-in will be based on their travel schedule. Please refer to the transportation section on page 14 for transportation assistance to and from the airport.
- Late and early arrivals will check-in based on their travel schedule.**
- Schedule**—Each student athlete will receive their sport program schedule and Academies map at check-in.
- Important Documents**—Plane tickets, passport, student bank money and important documents must be handed in during check-in for safe-keeping during the student athletes stay.
- Room Assignments**—Boarding students will be assigned a room and shown to their room by Student Services at the conclusion of the check-in process. **Rooms will be available for students after 3:00pm.**
- Orientation**—Boarding students attend a campus orientation after dinner on Sunday evening. At that time, all rules and regulations are covered. Sports programs will hold an orientation either Sunday evening or prior to beginning the program on Monday. Orientation information will be provided at check-in.

CHECK OUT

- For Weekly and Multi-Week Programs - Check-out is on Saturday by 11:00am.** All boarding students must check-out of their dorms by this time, unless they are continuing into the following week's program.
- For Weekend Programs** - Checkout is on Sunday at the conclusion of your sport program.
- Non-Boarding Students** - Students who do not board will automatically be checked-out of their reservation at the conclusion of their program.
- Room Verification** -Boarding students first check-out with Student Services who will walk through the room with your child to ensure he or she is fully packed and verify the room is in the same condition it was in upon arrival. Students may be asked to clean their room to avoid a room cleaning fee or may be charged for room damage.
- Exit Pass** -Student Services Staff will write an exit pass for your child upon a successful room verification. Student athletes will present their exit pass to Guest Services who will complete their final check-out.
- Bag Storage** -Students may store bags and materials at the designated check-out area until their departure time.

TRANSPORTATION

- **Transportation Requests** - Transportation to and from a selected airport or bus depot may be arranged through the Academies. Please make all travel arrangements at least 48 hours in advance by e-mail, phone, or fax confirmation. For your convenience, a Transportation Form is provided with this packet on page 12. Please contact the Transportation Department for additional information. Prices are subject to change without notice.

Transportation Department

Phone: 941.755.1000

Fax: 941.752.2630

E-mail: transportation@imgworld.com

- **Sarasota/Bradenton Airport**- Transportation is \$30*
- **Tampa International Airport**- Transportation is \$110*
- **Orlando International Airport**- Transportation is \$250*
*Multi-person rates may be available.
- **Unaccompanied Minors** - There is an additional charge of \$25 each way for students that are traveling as **unaccompanied minors**. Please verify with your airline if your child qualifies to travel as an unaccompanied minor. If your child is traveling as an unaccompanied minor, please indicate this on the transportation form on page 12 or notify us in advance. Please note that an additional \$10 per hour will be charged if the driver has to wait with the minor longer than two hours for departing flights.

HEALTH SERVICES

Our Health Services Department is comprised of nurses who provide first aid, dispensation of medications and maintain observation beds. Health Services is available on campus or by phone seven days a week. It is the goal of Health Services to provide a safe and healthy training experience.

As a reminder, all Health Services forms must be completed and returned four (4) weeks prior to traveling to IMG Academies. Forms may be faxed directly to Guest Services at (941) 752-2630 or emailed to campforms@imgworld.com.

Medications for Boarding Students

- Your child should not bring over-the-counter medications to IMG Academies unless required by your child's physician. We have medications available for pain, fever, allergy symptoms, nausea, diarrhea, headache and insect bites.
- If your child receives daily medication, the medication should be brought to Health Services upon arrival. Students are not allowed to keep any medications in their rooms. Prescription medications must be in original containers and labeled with the child's name (not another family member's name), prescribing doctor's name and directions as to how medication is to be given. Do not send medications in weekly pill dispensers. When applicable, please provide English translation for medications. If your student is taking medications by injections these must be approved by Health Services **before** your student travels to IMG. There are many medications such as allergy shots that are not given at IMG.

Other

- Please provide your child with sunscreen and insect repellent and instruct your child to apply sunscreen numerous times a day.
- Please instruct your child on the importance of adequate fluid consumption. The student athletes work hard outside in a hot and humid climate where dehydration can occur quickly. Your child will need a container to have ice water, etc. available to him/her at sports. Drink containers are not given to participants. There are several ice machines and water faucets available at all hours on campus to fill containers. Your child will have the opportunity to purchase sports drinks during shopping outings. Health Services does provide Gatorade as a first aid measure only.

CAMP STUDENT SERVICES

Accommodations

- **Boarding Students** - Student athletes are housed in 2 bedroom/2 bath or 3 bedroom /2 bath apartment-style residences. Each residence can accommodate 6 -12 students. Student residences have a common living room containing a refrigerator and are air-conditioned. Students are housed by gender and age and not necessarily by sport. Staff will make every attempt to accommodate roommate requests.
- **Supervision** - Staff supervises the student residences, 24 hrs per day/seven days per week. We do not have staff living in the buildings.
- **Adult Accommodations** - Parents and families may choose to stay in one of our on campus accommodations. We have Clubrooms, Double Clubrooms, Efficiency Suites, 1, 2 or 3 bedroom suites and 3 or 4 bedroom condos on-site. Please contact the Reservations Office at 941.752.2600 or the Clubhouse at 941.752.2689 for pricing and availability.

Note: Please note pets are not allowed on campus with the exception of service dogs.

Dining

- **Boarding Students** - Will receive breakfast, lunch and dinner delivered in a buffet style environment.
- **Meal Cards** (identification card) - The student's identification card (issued at check-in) acts as a meal card and must be presented in order to enter the Student Dining Hall and to be served.
- **Non-boarding students** - Students will receive lunch. Additional meals can be purchased at the Guest Services Desk. You can also purchase a meal package from the reservation department.

Student Bank

- **Personal spending Money** - A personal spending account may be opened for each student with cash, check, credit card or wire payment. If a credit card is used, the 'Student Bank Form' must be completed which may be found on page 11. Based on past history, an amount of \$100 per week is adequate for personal spending. Please note that a 5% service charge applies for any credit card deposits made for spending accounts. Additional money may be deposited by calling the Student Bank at 941.752.2487 or e-mailing studentbank@imgworld.com. Please use the following information for wire transfers.

Fifth Third Bank
ABA #042000314
Swift Code #: FTBC US 3C
Credit Account: #7026375969
Name: IMG Academies LLP

NOTE: BE SURE THAT THE PARTICIPANT'S NAME IS ON THE WIRE.

- **Bank Hours** - Student Bank hours will be provided to all student athletes at check-in. Withdrawals from the account may be made during posted bank hours. Prior to departure, students should withdraw all money remaining in the account. If the student fails to withdraw funds, a check will be sent to the student's home address for cash/check deposits. If the account was opened by credit card, the refund will be applied to that credit card.
- **IMG Academies is not responsible for any money that is not deposited in a student's personal bank account.**

Laundry and Linens

- **Laundry service** - Available on-campus for our student athletes. The wash & fold service provides the student athletes the opportunity to drop off their laundry in the laundry room and pick it up within 48 hours for a charge. Wash & fold service is a \$1.50 per pound with a minimum of \$12. Please note prices are subject to change.
- **Coin operated machines** - Available for student athletes who would like to do their own laundry. The coin-operated laundry machine is \$3.00 for wash load and \$1 for 15 minutes of drying time. A change machine is located in the laundry room for your convenience. Please note prices are subject to change.

Phone/Fax

- **Phones** - There are phones available in student residences for the student's use. It is recommended that students call home upon arrival and notify their family of their room number, bed number and phone number with extension. Students have voice mailboxes and can receive messages.
- **Long distance** - International calls can be placed directly from the room, provided the student uses a phone card, credit card or calls collect. Phone cards may be purchased at Guest Services.
- **Cell Phone** - Student athletes are allowed to bring cell phones but they are not permitted to use them during program hours.
- **Switchboard** - The switchboard closes at 11:00pm. In the event of an emergency, call IMG Academies at 941.755.1000. The on-site Property Manager and staff will assist your son/daughter in contacting you immediately.
- **Faxes** - Students can be reached at the Student Services desk fax 941.752.2528. Please mark the fax clearly with the student's name.
- **Courtesy phone** - A courtesy phone is available in the front desk lobby for local calls. Calling cards may be used on this phone for long-distance calls.

Mail

- **Incoming mail** - Please send mail to students at the following address:

Student's Name
c/o IMG Academies
5500 34th Street West
Bradenton, FL 34210

- **Outgoing mail** - May be dropped off in the Mailroom during posted hours of operation, (between 10:00 a.m. and 6:00 p.m., Monday through Friday.) It is suggested that students bring their own stamps and writing material. Students may pay for postage during Mailroom hours.
- **Student mail**-Will be distributed by Student Services.

Pro Shops

• **IMG Sports Shop**- can be found online at <http://store.imgacademies.com/> and also on-campus in three locations: next to the Jr. Pool, inside the IMG Leadbetter Golf Academy building across from the batting cages, and at the IMG Academies Golf & Country Club. **If you are wondering what to bring, the IMG Sports Shop offers official IMG Academies Under Armour training packages that can be purchased online before you arrive so that you have everything you will need to maximize your training on and off campus.**

- **Pro Shop Hours**-will be provided to the student athletes at check-in.
- The Pro Shops are fully stocked with IMG Academies' sport logo merchandise, training gear, teaching manuals, videotapes, nutritional guides, mental efficiency books and Gatorade.
- Students are allowed to charge purchases to their student bank account.

Nicky B'stro

- The Bistro is located inside the Student Union/Dining Hall where a la carte items (sandwiches, pizza, smoothies, salads and snacks) can be purchased.
- Students may use a credit card, cash or money from their personal spending accounts for payment at the Bistro.

Jr. Pool/Student Recreation Center

- **The Jr. Pool** - Available for student athlete use during free time. Pool toys are provided. Please refer to What to Bring on page 17.
- **The Student Recreation Center** - Available for student athlete use during open hours. Open hours will be provided at check-in and are subject to change. The Student Recreation Center houses a pool table, ping-pong table, air hockey table, computer lab, and Xbox 360's among other fun activities.

Activities

- **All activities** - Supervised and may include trips to the beach, mall, theaters, and in the summer, theme parks (Busch Gardens, Disney World, and Universal Studios, etc.). The cost of these activities and any related transportation fees are in addition to program fees. The fees are deducted from student's personal accounts or paid by cash prior to the trip deadlines.
- **Special trips** - The cost of the theme park trips is not included in the spending money recommendation.

Inclement Weather

- Please note: in case of rain or other inclement weather, sport programs may be shortened or altered. No refunds or credits will apply.

You and your student athlete are ready to pack! We have broken up the items to bring into two sections. One section to describe items everyone should bring and the other is sport specific. Please double check your inventory to reduce the chance an item is forgotten.

Also, the IMG Sports Shop- can be found online at <http://store.imgacademies.com/> and also on-campus in three locations: next to the Jr. Pool, inside the IMG Leadbetter Golf Academy building and at the IMG Academies Golf & Country Club. If you are wondering what to bring, the IMG Sports Shop offers official IMG Academies Under Armour training packages that can be purchased online before you arrive so that you have everything you will need to maximize your training on and off campus.

SUGGESTED ITEMS TO BRING

<input type="checkbox"/> 8-10 pairs of shorts/skirts **	<input type="checkbox"/> running shoes **	<input type="checkbox"/> sunscreen/lotion**
<input type="checkbox"/> 8-10 pairs of socks**	<input type="checkbox"/> swimsuit	<input type="checkbox"/> personal toiletries
<input type="checkbox"/> 8-10 shirts/tops **	<input type="checkbox"/> beach/bath towels*	<input type="checkbox"/> combination lock
<input type="checkbox"/> Stamps/writing material	<input type="checkbox"/> alarm clock	<input type="checkbox"/> laundry bag
<input type="checkbox"/> X-long twin-size sheets *	<input type="checkbox"/> lightweight jacket*	<input type="checkbox"/> water jug**
<input type="checkbox"/> Pillowcase*	<input type="checkbox"/> phone card for long distance*	<input type="checkbox"/> powdered Gatorade**

- The items above are based on a one-week stay at the Academy. Students staying multiple weeks will need to adjust this list to accommodate their stay.
- * Please note the Academy does not provide any sheets/pillowcases or towels. Pillows and mattress pads are provided. Blankets are available upon request with a \$20 deposit.
- **These items are available online at store.imgacademies.com or in the IMG Sports Shop for purchase.
- **Items for Purchase**-Certain items including sheets (\$20/sheet set), towels (\$10), combination locks (\$10) and laundry bags (\$5) are often available to purchase upon arrival at the Guest Services desk if the student does not bring these items with them.
- **Formal dress**- is not needed. Any after-sport activity will require casual dress only.

PERSONAL ITEMS/LOCKERS

- **Lockers**-There is limited locker space available on campus. Lockers have been placed in most of the rooms for students to secure belongings. There are additional lockers located in the Guest Services building restrooms. The Guest Services lockers must be reserved at the Guest Services Desk after arrival.
- **Valuables**-Students should lock any valuable items (cell phones, money, etc.) in their in-room locker for safety. Please note, not all rooms have lockers.
- **Lost and found**-Items are kept at Student Services' lost & found storage area.
- IMG Academies is not responsible for any lost or missing items. It is recommended that electronic items (iPods, Game Boy systems, Computers, etc.), expensive items, or unnecessary items not be brought to camp. All personal items should be clearly marked in indelible pen.

SUGGESTED ITEMS TO BRING BY SPORT

- **Bring a notebook** to record what you learn, as well as what you want to continue to improve upon when you return home.
- **Practice-** Play as much of your sport as you can before arriving to camp. This will prepare you for the intensive training ahead of you.
- **Train-** It would be beneficial for you to start a personal conditioning regimen. You will benefit and enjoy the program more if you are in good shape.

Note: Check with your doctor before starting any physical conditioning or exercise.

IMG Bollettieri Tennis Academy

Rackets (2-3)	Tennis shoes (2)
Socks (10 pair)	T-shirts (12)
Shorts (10)	Sunscreen
Jump rope	Water bottle
Sunglasses	Bathing Suit
Beach Towel	

IMG Leadbetter Golf Academy

Golf Clubs	Collared golf shirts
Golf shoes (with soft spikes)	Sunscreen
Water bottle	Golf balls
Visor/hat	Training shoes/sneakers
Collapsible stand golf bag for walking on course	

IMG Soccer Academy

Shirts (2/day)	Shin guards
Soccer cleat (2)	Shorts (2/day)
Sunscreen	Water bottle
Sneakers Socks (2 /day)	

IMG Baseball Academy

Tennis/turf shoes	Batting gloves
Fielder's glove/mitt	Sunscreen
Jacket (seasonal)	Workout shirts (5)
Workout shorts/pants (5)	Spikes/cleats
Personal equipment (bats, etc)	Cap
Water Bottle	Swimsuit/pool towel

IMG Basketball Academy

Basketball sneakers	Socks (7-10)
T-shirts (8-10)	Shorts (5-6)
Training sneakers	Flip-flops (shower)
Swimsuit	Pool towel
Water Bottle	

IMG Performance Institute

Swimsuit	T-shirts (4 /day)
Shorts (2 /day)	Socks (3-4 /day)
Water (gallon container)	Pool Towel
Shoes (for linear and lateral training)	

IMG Lacrosse Academy

T-Shirts (3/day)	Swimsuit
Shorts (2/day)	Pool Towel
Socks/Underwear (3/day)	Sunscreen
Compression Shorts	Sneakers
Grass Cleats	Water bottle
All lacrosse equipment & sticks	

IMG Football Academy

T-Shirts (2/day)	Swimsuit
Shorts (2/day)	Pool Towel
Cleats	Sunscreen
Sneakers	Water Bottle
Flip Flops	

So you are on your way! If you or your child chooses to drive we have included driving directions and parking instructions. We are excited to meet and greet you.

DRIVING DIRECTIONS

- **Traveling from the South on Highway 41:**

From Sarasota, follow Hwy. 41 to 53rd Avenue West and turn left.
Go to 34th Street West and turn left.
Go to the first light (Bayshore High School) and the entrance to IMG Academies is on your right.

- **Traveling from the South on I-75:**

Take Exit 217 B (old exit 41 B) and travel west on State Road 70 for approximately 20 minutes.
Go to 34th Street West and turn left.
Go to the first light (Bayshore High School) and the entrance to IMG Academies is on your right.

- **Traveling from the North on Highway 41:**

To Bradenton, stay on Hwy. 41 to 53rd Avenue West and turn right.
Go to 34th Street West and turn left.
Go to the first light (Bayshore High School) and the entrance to IMG Academies is on your right.

- **Traveling from the North on I-75:**

Take Exit 217 (old exit 41) and travel west on State Road 70 for approximately 20 minutes.
Go to 34th Street West and turn left.
Go to the first light (Bayshore High School) and the entrance to IMG Academies is on your right.

- **Directions from Sarasota/Bradenton Airport:**

Turn right out of airport exit onto University Parkway.
Turn right onto U.S. 41 North (also Tamiami Trail).
Tamiami Trail becomes 14th Street West.
Turn left onto 53rd Avenue West.
Turn left onto 34th Street West.
Turn right at the first light. This is the main entrance to IMG Academies.

- **Directions from Tampa International Airport:**

Follow I-275 South across the Sunshine Skyway Bridge, to I-75 South.
Take I-75 South to Exit 217 (State Road 70),
Travel west on State Road 70 (becomes 53rd Avenue). Approximately ten miles to 34th Street West.
Take a left on 34th Street West.
At the first stoplight turn right. This is the main entrance to IMG Academies.

PARKING

- All students and families who drive themselves to IMG Academies must receive a parking pass from the operations center (front gate) when they arrive at the Academies. The students and families will be directed to the appropriate parking area. Failure to park in an appropriate area will result in towing of the vehicle. All applicable fees to retrieve the vehicle will be the responsibility of the student/family. Please pay attention to posted signs to prevent your vehicle from being towed.
- Boarding students who drive alone are not permitted use of their vehicle while enrolled in any of our boarding programs. The student's keys are to be turned in and placed in the student service office. The student can pick them up when he/she checks out of the Academies.

**We anticipate your arrival and are excited you have chosen IMG Academies for your training!
Please do not hesitate to call Guest Services at 941-755-1000 for any further assistance or questions.**