

**IMG Basketball Academy**  
***Frequently Asked Questions (FAQ)***

**Summer & Weekly Camps**

**What basketball related items should I bring?**

Be sure to bring basketball sneakers, multiple shirts and shorts, and at least two pair of socks per day. Some athletes also bring a pair of cross-training sneakers and a bag to carry them in. Please do not bring a basketball, we have plenty.

**What is the typical daily training schedule?**

For the months of June, July, and August, our typical schedule is as follows (please note, this schedule is subject to change):

7:00-10:00a	On-Court Instruction & Performance Training
10:00-11:00a	Classroom Session #1
11:00a-1:00p	Lunch
1:00-3:00p	On-Court Instruction & Performance Training
3:00-4:00p	Classroom Session #2
4:00-7:00p	Rest, Regeneration, and Dinner
7:00-8:30p	Optional Shooting / Competition

For the months of September through May, our typical schedule is as follows (please note, this schedule is subject to change):

8:00-9:00a	Free Shooting
9:00-11:00a	On-Court Instruction
11:00a-1:00p	Lunch
1:00-4:00p	On-Court Instruction & Performance Training
4:00-5:00p	Classroom Session

**What is the three-week training cycle?**

During the summer, we package our instructional curriculum in a three-week training cycle. Each week is a stand-alone training camp with instruction in all areas of the game of basketball; however, each week also has a separate teaching emphasis from the week before. Athletes can gain a great deal from attending for only one week, but we recommend (and most of our athletes attend) a full three-week training cycle or more to receive maximum benefit from our instruction.

**How many athletes typically attend?**

During the summer, we see between 50 and 125 athletes in any given week. During the school year, we usually have between 5 and 15 athletes present for weekly sessions, in addition to the 60+ athletes in our full-time program (see below).

**What is the player-to-coach ratio?**

We keep our training ratio between 5-to-1 and 10-to-1 at all times to maximize the development of each athlete.

**What ages participate in camp?**

Our summer sessions attract boys and girls ages 10 – 18 from all over the world.

**Do you provide housing?**

All of our programs can be either boarding (meals included) or non-boarding (lunch included).

**When are your camp dates?**

We are open 52 weeks a year, with programs offerings Monday – Friday.

**Who are your instructors?**

All coaching conducted by instructors with tremendous player development experience. Most of our coaches are recognized experts in the basketball industry, contributing analysis to many basketball websites, magazines, radio and TV shows, and much more. For more information, please visit our staff page.

**Do you play games during the week?**

Weekly programs include situational games and in-game situations, and there is optional competition available at night. We typically do not organize teams and play a competitive league schedule, as you will find at other camps. Our experience has proven that most basketball players play too many games. When a basketball player comes to our campus, our job is to provide them with tools they need to develop and get better, through training, instruction, and drillwork.

**Do you provide written evaluations?**

In the summer, a written evaluation is completed for every player. During the school year, players who attend for weekly sessions may receive a written evaluation upon request.

## Full Time High School / Middle School Program & Post Graduate Program

### **Can athletes train at the IMG Basketball Academy throughout their school year?**

Yes. Each year, more than 60 athletes, both male and female, attend the IMG Basketball Academy on a full-time basis. We have student-athletes in our program as young as 7<sup>th</sup> grade and as old as post-graduates as old as 20 or 21. Most athletes attend for a full-school year (September through May), though we do accept athletes for one semester (September through mid-January or mid-January through May). Most students attend Pendleton School on the campus of IMG Academies, though some attend St. Stephen's School, Edison Academic Center, University of Miami, or no school at all.

### **What is the Post Graduate Program?**

The Post-Graduate program designed for athletes that want additional opportunities to develop physically, skill-wise, and enhance their college recruitment opportunities following their graduation from high school. It is a seven-month program which runs from September through March. Athletes may also take courses for college credit while completing the Post-Graduate program through the University of Miami, which offers courses here at IMG Academies. Typically, there are 20-30 athletes in our Post-Graduate program.

### **What is a typical daily training schedule?**

Middle School / High School:

6:30-7:30a	Optional Shooting
7:45a-12:00n	School On-Campus: Pendleton School Off-Campus: St. Stephen's School or Edison Academic Center
12:00n-1:30p	Lunch and Prep
1:30-5:30p	On-Court Instruction / Performance Training / Classroom Sessions (including team building and communication)
5:30-9:30p	Dinner and Study

Post Graduate:

8:00-9:00a	Optional Shooting
9:00-11:00a	On-Court Instruction #1
11:00a-12:00n	Performance Training
12:00n-4:30p	Lunch, Rest, and Regeneration
4:30-6:00p	On-Court Instruction #2
6:00-9:30p	Dinner, Rest, and Regeneration

### **Will I play on a team at the IMG Basketball Academy?**

All student-athletes are assigned to a team for competition. Team assignments are based on factors such as age and performance. Our number of teams and level of play depends upon enrollment. Typically, we have Post-Graduate, National High School, and Developmental High School boys programs and a National High School girls program. Our focus in games is to make them an extension of our training, so all players will have some opportunity to play. All of our teams play a competitive schedule. The Post-Graduate program competes against Florida junior colleges (usually the best in the nation) and in selected prep events around the nation. The National and Developmental boys programs and the National girls programs play games against both local competition in the state of Florida and

in regional and national tournaments. Our teams are not affiliated with the Florida state association and play an independent schedule.

**What experience and ability level is needed to attend the IMG Basketball Academy as a full-time student-athlete?**

We take athletes of all abilities and experience levels at the IMG Basketball Academy. Our coaches are experienced in training future NBA All-Stars and beginners learning the game for the first time. Our central admissions requirement is a love and passion for the game of basketball and a willingness to work hard to achieve your dreams. We create a positive and constructive learning environment for every participant, regardless of ability or experience, and strive to make each player better than they could get anywhere else in the world.

**Can my family visit the IMG Basketball Academy?**

Yes and we welcome your visit. Please be sure to contact us as we will plan out an itinerary that allows you to see everything necessary while on campus, including but not limited to our Basketball Center, weight room, on-campus housing, cafeteria, and the Pendleton School / University of Miami. You will also meet with IMG Admissions officials.

**Will the IMG Basketball Academy give me the opportunity to play at the college level?**

The IMG Basketball Academy is committed to providing you with every opportunity to live your basketball dream. While we cannot guarantee that every player who attends will continue their playing career at the college level, we have a very strong track record of placing athletes onto college basketball teams at all levels. We will guarantee that you will develop as a basketball player and be seen by scouts and college recruiters, and it is your talent and hard work that will determine your level. Obviously, your academic standing will have a significant impact on your recruitment as well. If you are able to visit or take part in one of our weekly programs, we will provide you an evaluation of where we think you can play at the next level if you were to attend our full-time program.